

ATTENTION SENIOR CITIZENS

Mayor Jim Fouts and the City of Warren
Commission for Senior Health Care Services
presents a **Free Senior Health Seminar**

Healthy Eating for Seniors

Presented by **Registered Dietitians for PACE**

**Jourdan Thibault, RD and
Alexandra Schneider, RD**

**Wednesday
September 19**

St. Faustina's Church Hall

14025 Twelve Mile Road (Between Schoenherr & Hayes)

Doors open at 11:30

NEW SCHEDULE: 11:30 a.m. - 2:00 pm

Visit vendors 11:30 until 12:30

Speakers 12:30 - 1:30

Refreshments/Door Prizes 1:30 until 2:00

Free Information ❖ Door Prizes

A Healthy Snack & Coffee will be available

Vendors : Windemere ❖ Beaumont Health

PACE Southeast Michigan ❖ Home Instead Senior Care ❖

Majestic Home Health Care ❖ Beltone Hearing ❖ Oak Street Health

and more

For additional information call 586-758-1310

The City of Warren does not necessarily endorse any product or company advertised at the Warren Senior Health Care Seminars

