

This is a 10-week open support group for women ages 18 and older, with similar experiences to connect, gain support, and become empowered in a safe environment.

January 7th - March 11th, 2019 Mondays, 6:00PM - 8:00PM

Space is limited!

Please contact Erin Spankowski at (248) 451-2623 or espankowski@cghelps.org to register or obtain information if you or a friend are interested.

There is no charge for this group.



Major funding for this and other programs through the Victim Assistance Program comes from the Michigan Crime Victim Services Commission.