

Ginger Bread House Contest

December 14, 2019

Time: 1:00 - 3:30 p.m.

Bring your creative hands to design your ginger bread house.

Supplies are included –

Seating is limited

Pre-registration \$30.00 *only

Includes a minimum of 2 people per design

Supplies included – Welcome to bring extra items.

Proceeds to benefit

Family Alliance Network – Scholarship Fund

Understanding the First Steps (UTFS)

Understanding the First Steps is a leadership program aimed at young adults to advance their employability knowledge in the workforce. UTFS program will consist of six sessions held on Monday for two hours. Session will tackle the fundamentals of instructional learning required to complete online applications, resume building, new hire employment forms, interviewing skills, team work and workplace etiquette. The leadership program will invite guest speakers to reinforce the program sessions.

First session: encourage communication and team participants

Second session: draft skills and interest for resume and complete online applications

Third session: This session work on time management and tools for organization

Four session: Preparing for interview - practice selling themselves with their presentations

Fifth session: Attire for the workplace and lunch dining etiquette. Being presentable and respectful in the workplace.

Sixth session: Human Resources to conduct mock interviews

Age: 16-25

4:30 pm - 6:30pm

Pre-registration \$60.00 a session

Drop in sessions \$65.00 a session

Mondays, September 30 - November 4, 2019

CPR/First Aid Training
 Infant, Child & Adult training –
 with a certified instructor,
 after the completion,
 receive a 2-year certification
 Pre-registration \$90.00



Fall Enrichment Program
\$10.00 Registration Fee

Registration	Pre-Registration	Drop In	Total
A + Y =C #202			
Learn to Play "CHESS" #203			
Living Skill Saturdays #204			
ASL 101 #205			
Hang Out Fridays #206			
Parent Support Night #207			
Caramel Apple Craft Day #208			
Smoothie Making #209			
Hang Out Fridays #210			
Fine Dining Etiquette 101 #211			
Ginger Bread House Contest			
UTFS			
CPR/First Aid Training			
Registration (non-refundable)			\$10.00
Total Amount Due			

- Minimum of 6 people to hold program
- Refunds 25% on paid programs



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Now Enrolling



Family Alliance Network
Fall 2019
Enrichment Program

A + Y = C (Autism + YOGA = Concentration)

Wellness Wednesday Yoga

this YOGA class uses the combination of breath and movement to create calm and clarity of mind. Emphasis on deep conscious breathing will help students learn to respond versus react to stressful stimuli.

Age: 8 - 16

5:30pm - 6:30pm

Drop in class \$12.00

Six-week package
\$60.00 (\$2.00 savings)

Wednesday, September 18 –
October 23, 2019



Program #202



Learn to Play "CHESS"

Learn the art of chess strategies that improve critical thinking skills, focus & patience. Chess is a sport that exercise the most important organ in our bodies: the brain.

Ages: 8+

5:30pm - 6:30 pm

Drop in class \$50.00

Six weeks package \$240.00

Thursday, September 19 - October 18, 2019

Program #203

Living Skill Saturdays

Learning skills of pressing/ironing pants, shirts and basic sewing to stitch pants, sew buttons on your outfits. How to hem your skirt or pants for your special events.

Class will repeat - Choose your Saturday

11:30am - 1:00pm

Saturday, September 14, 21, 28, 2019

Drop in class \$25.00

Pre-registration: \$20.00

Program #204

ASL - American Sign Language 101

Learn the art of signing for learners of all abilities, providing students communicative opportunities in- and outside of the classroom to bridge the gap between the hearing and Deaf cultures.

5:30pm - 6:30pm

Tuesdays, September 17, 24,

October 1, 8, 15, 22, 2019

Drop in class; \$30.00

Six-week package \$150.00

Program #205

Learn today

ASL 101



Hang Out Fridays

September 20th - December 20th

Come meet friends, play games, socialize,
craft and enjoy a meal

Third Friday of the month - September 20, October 18,
November 15, December 20, 2019

Age: 8-16

6:00pm - 9:00 pm.

Pre-registration \$40.00 a class or drop in \$45.00

Program #206

Parent Support "Hang Out" Night

Time: 7:00 - 8:30 p.m.

This will include speakers in the field of disabilities, pamper night, game night, holiday events, nutrition care, and craft projects.

Call each month for third Thursday topics.

Third Thursday of the month-September 19th, October 17th,
November 21st and
December 19, 2019

Pre-registration \$10.00 - drop in \$20.00

Program #207

Caramel Apple Craft Day

Hands on holiday craft
apple design day

Saturday, October 26, 2019

11:30am - 1:30 pm

Pre-registration: \$6.00 an
apple design - drop in class \$10.00

Program #208



Had your "Smoothie Today?"

Healthy Alternative Drinks

Hands on Smoothie making class using fruits and veggies

November 1, 2019

11:30am - 1:30pm

Pre-registration \$10.00 per smoothie

Drop in \$15.00 per smoothie

Program #209

Come out meet friends, play games, craft,
socialize and enjoy a meal.

Second Friday of the month - September 13,
October 11, November 8, December 13, 2019

Age: 16- 24

6:00pm - 9:00 pm.

Pre-registration \$40.00 a class or drop in \$45.00

Program #210

Fine Dining Etiquette 101

Table manners have evolved to make the practice of eating with others pleasant and sociable. When you teach your child good table manners, you are giving them important tools for social interaction that will serve them for the rest of their lives. This is a 4-week class with an optional 5th class at one of our fine restaurants in Metro Detroit to practice their learned skills.

Saturdays, September 28th , October 5th, 12th, & 19th
5th class TBA

4:30 pm - 6:30 pm

Pre-registration \$40.00 - a class or drop in \$45.00

Program #211