

17th Annual Keys to Understanding Addiction and Consequences of Use

The Role of Mindfulness in Prevention, Treatment, and Recovery

Featuring Suzanne Brown, PhD, LMSW - Wayne State University

Friday, November 1, 2019

8:00 a.m. - 2:30 p.m.

Registration begins at 7:30 a.m. Continental breakfast and lunch will be provided.

Macomb Intermediate School District

Education Service Center

44001 Garfield Rd. Clinton Twp., MI 48038



Cost: \$60/person or \$40/Student

17th Annual Keys to Understanding Addiction and Consequences of Use

The Role of Mindfulness in Prevention, Treatment, and Recovery

The conference will educate attendees about mindfulness practices and adhere to the following objectives.

1. Learn basic mindfulness activities that professionals and recovery staff teach / practice with individuals.
2. Identify pathways of mindfulness practices to benefit individuals with substance use disorders and chronic pain.
3. Understand the ways trauma can interfere with mindfulness and trauma-informed modifications to traditional mindfulness-based interventions.
4. Provide information about available mindfulness resources in the community.

Who Should Attend:

- College / graduate students
- Community-based coalitions
- Faith-based organizations
- Health educators
- Law enforcement / criminal justice
- Members of youth-serving organizations
- Nurses
- Parents
- Prevention and treatment professionals
- Social Workers
- School personnel

Register online at events.misd.net (select for direct link to event) (pre-registration is required)

- Enter "Course Name" in the search bar
- Select training from the list that appears and "Add to Cart"
- Select "Checkout"
- Log in or create an account if you are a new user
- Select "proceed to next step"

A confirmation of registration will be sent to your email address. If you have any questions regarding registration, please contact Kendra Rosemeck at krosemeck@misd.net or at 586.228.3493

Continuing Education Units

- Social Work: 5.5
- MCBAP: CPS/CPC-R/CADC/CAADC: 6.0
- MCOLEs: 5.0
- SCECHs: 5.5
- CHES: 5.5

\$10 fee for SCECHs and Social Work contact hours. \$5 CHES fee for non GLC-SOPHE members.

SOPHE, including its chapters, is a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 5.5 total Category I Continuing Education Contact Hours (CECH).

Beaumont

CARE
SOUTHEASTERN MICHIGAN



GCPC
GENESEE COUNTY
PREVENTION COALITION

HENRY FORD
WEST BLOOMFIELD HOSPITAL
& MAPLEGROVE CENTER



MISD

Oakland Community
Health Network
Developmental Disabilities - Mental Health - Substance Recovery

60th ANNIVERSARY
THE GUIDANCE
CENTER

TROY
COMMUNITY
COALITION
For the Prevention of Drug and Alcohol Abuse

Note: Certificates will NOT be handed out early. Participants must attend the entire conference and turn in an evaluation to receive a certificate.