

Hosted by Shelby Township Library and Charter Township of Shelby

# Reboot Your Life for Better Health



## Reboot Your Life for Better Health

**Wednesday, April 8, 2020**

**7:00 P.M. – 8:30 P.M.**

**Shelby Township Library Cafeteria  
51680 Van Dyke Ave  
Shelby Township, MI**

**Aaron Wallace of Balance Your Fitness in Troy will be here  
to help you Reboot Your Life for Better Health:  
Return to Nature's Blueprint.**

**Are you or someone you know: gluten or lactose intolerant;  
battling with your weight; experiencing digestive issues; or,  
struggling with chronic pain?**

**Learn how to turn back the hands of time. No gimmicks - no pills!  
Just a holistic approach to empower your body's  
natural healing abilities.**