

# Tri-County Peers Connect

**Who:** Peer support specialists, parent support partners, peer mentors, recovery coaches, moving forward graduates, & youth peers.

**When:** Wednesday, February 20, 2019  
8:30 - 8:50 a.m. Registration and Breakfast  
8:50 a.m. - 12:00 p.m. Program

**Where:** Oakland Community Health Network  
5505 Corporate Drive  
Troy, MI 48098

## Topics to be Discussed

### Suicide: Knowing the Signs and What To Do

Presented by Melissa Bowman

Melissa Bowman will discuss signs and stigma associated with suicide. Peers will learn language to use and how to assist someone struggling with suicidal thoughts. Training will also focus on self-care for the person in crisis.

### Compassion Fatigue

Presented by Menachem Hojda and Jean Pfaendtner

Menachem Hojda, MSW and Jean Pfaendtner, LMSW will discuss the impact of caring for others. This includes self-care so they can be better helpers, friends, and peers.

## Registration

Register online by Friday, February 8th: [www.oaklandchn.org](http://www.oaklandchn.org) / Training / Training Schedule

Please contact Beth Jacobs if special accommodations are needed: 248-858-1795

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