

# Living Hope



2018  
Training

Check out this great training opportunity that will encourage, educate and empower persons receiving public mental health services and their family members. This training is also open to core provider staff, direct care workers and anyone who supports persons with disabilities. Bring along someone you support– it will be a great time to learn together.

## THE POWER OF HOPE: HOPE GIVERS, HOPE RECEIVERS AND HOPE STEALERS

2 Continuing Education Credits

Presented by Sherri Rushman

February 12, 2018

1:00pm-3:00pm

*Visions Clubhouse*

185 Elizabeth Lake rd.

Pontiac, MI, 48341



Hope is as essential to life as the air we breathe. Without it there are no dreams. Without dreams, there can be no happy prospects that our life will change. In this class you will learn the double edged strategy for how to grasp a hold of Hope when you don't have it and how to keep it when you do!

In this class Sherri will tell her recovery story and you will learn from her:

- Why you must become a Hope Receiver and exactly how to become one.
- How to become a Hope Giver and how it helps you and others.
- What is a Hope Stealer and why you don't want to become one.

### HOW TO REGISTER

**Visit our website at [www.oaklandchn.org](http://www.oaklandchn.org) then select Training to view the training schedule, select the date of the training, then enter all of your contact information or you can call Beth Jacobs at 248-858-1795 for further assistance.**

*This program is sponsored by Oakland Community Health Network.*