

Living Hope



2018
Training

Check out this great training opportunity that will encourage, educate and empower persons receiving public mental health services and their family members. This training is also open to core provider staff, direct care workers and anyone who supports persons with disabilities. Bring along someone you support– it will be a great time to learn together.

BE YOUR OWN ADVOCATE

Presented by Sherri Rushman

February 8, 2018

10:15am-12:15pm

Clubhouse Inspiration

1350 S Lapeer Road,

Oxford, MI 48371



Self Advocacy refers to “an individual’s ability to effectively communicate, convey, negotiate or assert his or her own interests, desires, needs, and rights”. At this training you will learn what it means to be your own advocate, how to be an advocate, how to speak for yourself, be heard and get what you need.

HOW TO REGISTER

Visit our website at www.oaklandchn.org then select Training to view the training schedule, select the date of the training, then enter all of your contact information or you can call Beth Jacobs at 248-858-1795 for further assistance.

This program is sponsored by Oakland Community Health Network.