



LGBTQ+ Young Adult Support Group

All Things Possible Wellness Center, PLLC is starting a new support group for LGBTQ+ identifying young people ages 18-22 in the Macomb area.

The group is professionally led and is driven by members' needs. Our intention is to create a long-term support network and address life and relationship issues related to sexual orientation. Topics are based on the groups' interest and can include exploring your identity, trust and relationships, dealing with heterosexism, dating, family and societal expectations, and self-esteem.

This group accommodates 6-8 members and participation is confidential. The group is 6 weeks and regular participation is expected.

Day/Time:

**Wednesdays starting November 4th
6:30pm-8:00pm**

Location:

Online via Telehealth platform

Cost:

Free

Register at:

Deanneh@allthingspossiblewc.com

(586) 413-7237

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