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www.parentingwithglo.com



Target Audience: All professionals that work with parents and children

MSN - Resilience Building Strategies

February 25th (6:00-8:00pm)

COVID-19 has an added layer of worry, concern and stress for children, parents and educators. Learn how to meet the needs of the children so they can move forward to enhance Post Traumatic Growth. This includes strategies to provide emotional, social and cognitive support to promote resilience and post traumatic growth.

1. Learn about areas of the brain that might have been impacted by COVID-19
2. Understand that trauma informed is important, yet resilience can trump trauma
3. Understand how positive, safe relationships begin the healing process

Join Zoom Meeting

<https://zoom.us/j/96686278085?pwd=bnhPVUNZei9CNzISR1hNQld6NlV1Zz09>

Meeting ID: 966 8627 8085

Passcode: 591726

"Children are like wet cement. Whatever falls on them makes an impression."

Haim Ginott

MSN - Beyond ACEs **March 25th (6:00-8:00pm)**

We have all heard about how ACEs (Adverse Childhood Experiences) can have long-term impact on brain development, mental health and physical health issues. Trauma is an experience that overloads the sensory system. COVID-19 has added a layer of additional worry, concern and stress for children and families. Learn how to meet the children and families where they are and move forward to enhance Post Traumatic Growth!

1. Learn about the ACEs study and the impact on the developing brain
2. Understand that Resilience Trumps ACEs
3. Learn and practice some tools that develop resilience



Join Zoom Meeting

<https://zoom.us/j/96484005849?pwd=eGNUSDhKbE5tYWVraitXd3VpaEEvQT09>

Meeting ID: 964 8400 5849

Passcode: 818716

