

# Teen Through Adult Program

17 years of Age and Up

# SOCIAL SKILLS

*Specialized classes focusing on teaching and practicing specific social skills in a clinic setting. Adaptations/Modifications and sensory items provided as needed by Certified Recreational Therapists*



## Mon Jan 23rd 6pm-7pm Conversation Skills

*Talking about self: expressing interests, identifying strengths in self, Asking questions, Appropriate/inappropriate conversations, Maintaining a conversation, Reading body language/non-verbals*

## Wed March 22nd 6pm-7pm Friendship Skills

- *Active listening skills, Identifying good qualities in a friend, Assertive communication with a friend, Safety awareness when making new friends*

## Mon May 22nd 6pm-7pm Boundaries

- *Understanding & Setting Boundaries*
- *Identifying appropriate & healthy communication in relationships as well as inappropriate and unhealthy communication in relationships (friendships, co-workers, parents, caregivers).*

*COST: \$28.00 Per Class, Register for Each Separately*  
*Register Online: [TherapeuticConceptsllc-mi.com](http://TherapeuticConceptsllc-mi.com)*