

Join the Movement Become a Dementia Friend



Dementia Friends Michigan (DFMI) is a one-hour informational session designed to help you understand how to better communicate and support those with dementia.

What you'll learn:

- Raise your awareness
- Learn dementia friendly practices
- How to take action in your community
- What it's like to live with the disease
- Effective communication and support

As a Dementia Friend you will:

- Be a support to your friends and family
- Change the way you think, act, and talk about dementia
- Contribute to a dementia friendly community

Upcoming Sessions:

Tuesday, April 4: 1pm @ OPC Rochester 650 Letica Drive

Wednesday, April 26: 1pm via Zoom

Tuesday, June 6: 1pm @ Sterling Heights Senior Ctr. 40200 Utica

Thursday, August 24: 1pm via Zoom

Registration Information:

Advance registration required. To register:

- Use the link: <https://tinyurl.com/AAA1BFriends>
- Or scan the QR Code

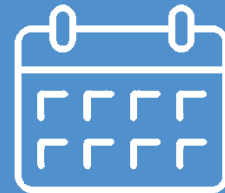


Questions? Call Andrea Lang
(248) 251-6261 or email ALang@aaa1b.org



Over 5 million

people live with dementia in the U.S.



2017

DF program was established in Michigan



More than 2,000

current Dementia Friends in Michigan

Source: Dementia Friends USA